



University

NEWS LETTER



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Editorial

Greetings to all!

Of all the magnificent seasons, autumn is the most wonderful season of all. Not only do the leaves change into vivid, colorful pictures as people drive by their beauty everyday to work, but the temperature is just as inviting.

The month of September is associated with Vulcan, the Roman God of fire. It is the seventh month of the ancient Roman calendar. As the month of September started, 5 September is celebrated as Teacher's day in India every year to mark the birth anniversary of India's 2nd president Dr. Sarvapalli Radhakrishnan. International Literacy Day is observed on 8th September to make people aware of the importance of literacy which no doubt is a matter of dignity and human rights. This month marks many memorable days such as National Day of Service and Remembrance or 9/11 day, Hindi Diwas, Pharmacist day, World Alzheimer's Day and Engineer's Day. To make this month more special, SBSU celebrates Teacher's day, to pay tribute to the teachers for their precious contribution to the university. This issue showcases different academic and co-curricular activities held along with some creative writing and arts from students.

Enjoy reading!!

Editorial team

PHOTOGRAPH OF THE MONTH

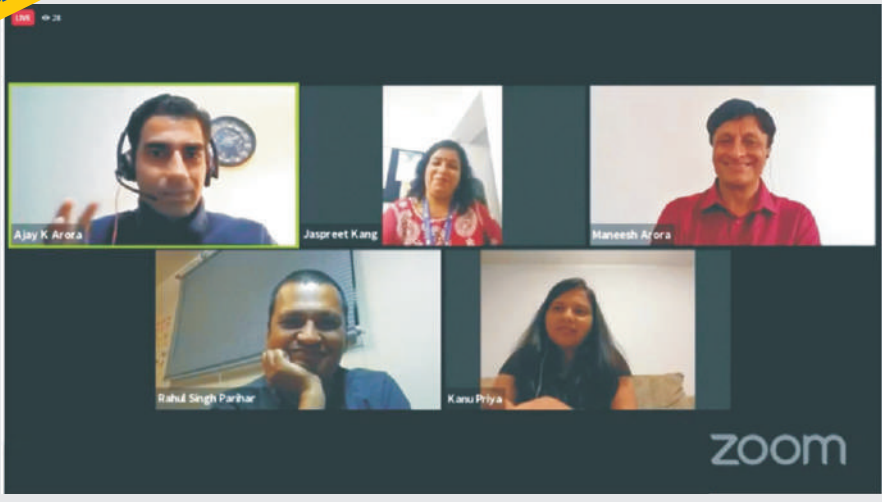
Ganga Aarti

For every hope & desire follow the pure flames of fire



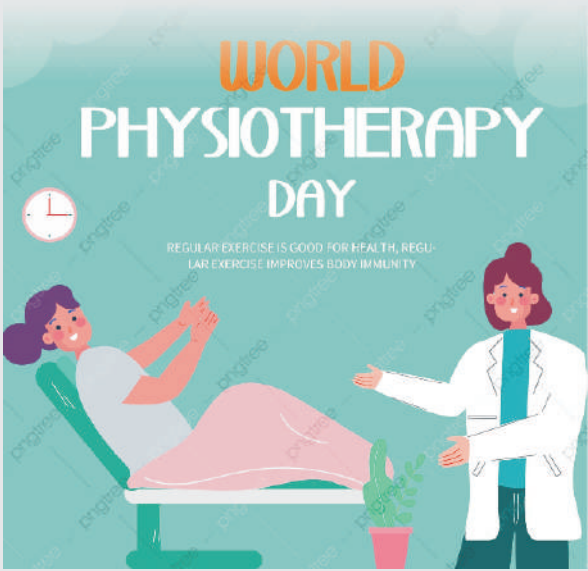
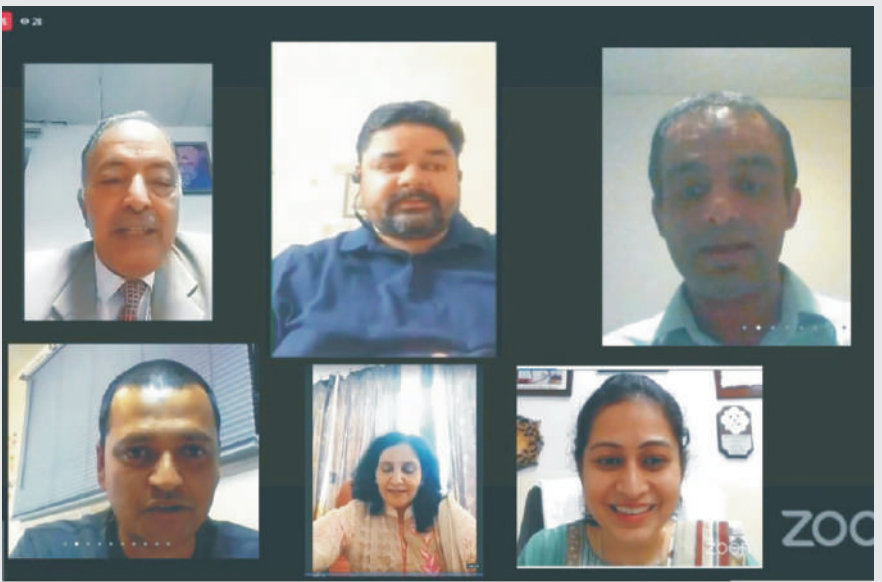
Suyash Gaur
B.Pharm 4th Year

WORLD PHYSIOTHERAPY DAY



On the occasion of World Physiotherapy Day and Silver Jubilee Year of the School of Physiotherapy and Allied Health of Sardar Bhagwan Singh University, Dehradun an Alumni-Student Interactive session was organized on 8th September, 2021 virtually. The program was started with the golden words of Dr. Gaurav Deep Singh (Member Secretary, Board of Governors), who congratulated all the alumni and students on the occasion of World Physiotherapy

Day. Then Vice Chancellor (Officiating) Prof. R. K. Singh addressed the gathering and highlighted the importance of physiotherapy in daily life. In the Alumni-Student Interactive session, Prof. Maneesh Arora (Dean Student Welfare, SBS University, Dehradun), Dr. R. Arunmozhi (SBS University, Dehradun), Dr. Hapeesh Rajpal (Physiotherapist, Indiana, USA), Dr. Rahul Parihar (Physiotherapist, Michigan USA), Dr. R. Raghuvver (Gitam University, Andhra Pradesh) and Dr. Shilpa Jain (DPSRU, New Delhi) shared their knowledge on Myokinetic Releases, Insights of Thoracic Outlet Syndrome, Recent Trends in Low Back Pain Management, LSVT Exercise Protocol in Parkinsonism, Current Practice in Neuro-Rehabilitation and Emerging Treatment for Myofascial Trigger Points, respectively. Then an interactive talk session between Dr. Ajay Arora (Physiotherapist, USA), Dr. Prahlad Priyadarshi (Physiotherapist, New Delhi), Dr. Ishaan Marwaha (Physiotherapist, Tokyo Olympic 2020, Gold Medal Winner Mr. Neeraj Chopra), Dr. Jaspreet Kaur Kang (Physiotherapist, Gujrat), Dr. Amit Dhawan (Managing Director, Rudraksh Physiotherapy Clinic, Shimla) and Dr. Kanu Priya (Physiotherapist King Edward Memorial Hospital, Bermuda) was also organized on the topic: The Road to Success in Physiotherapy. More than 200 students were joined the program via online mode. The program was coordinated by Dr. Meghna Wadhwa, Mr. Niranjan Shah, Mr. Vishal Warikoo and Mr. Paras Joshi. The event came to a glorious end with a formal vote of thanks delivered by Dr. Reena Kumari (Head of the Department, School of Physiotherapy and Allied Health).



INTERNATIONAL WEBINAR ON "CAREER AND SKILLS: KEY INSIGHTS"



The School of Commerce and Management, Sardar Bhagwan Singh University, Dehradun organized an International Webinar on "Career and Skills: Key Insights" on 10th September, 2021. The Program was organized under the esteemed guidance of Shri. S. P. Singh (Chancellor), Dr. Gaurav Deep Singh (Secretary, Board of Governors) and Prof. R.K. Singh (Officiating Vice Chancellor). On this occasion Ms. Neelam Tiwari (Health Team and Wealth Solution, Alight Solutions, Greater Chicago, USA) was the Keynote Speaker. Dr. Pooja Singh Negi (Assistant Professor, School of Commerce and Management SBS University) and her team members welcomed the keynote speakers and all the dignitaries. Ms. Neelam Tiwari delivered a lecture on Process and Operational Management, Employee Management, Risk Mitigation & Resolution and Applications of JAMA, Alteryx, Tableau and Google Analytical Tools. Then Ms. Neelam Tiwari interacted with students and boosted their moral qualities with question-answer session to cope up with the modern-day challenges. More than 50 attendees participated in the webinar virtually. The program was moderated by Dr. Pooja Singh Negi. Dr. Pooja Singh Negi thanked all the dignitaries, participants and attendees for their overwhelming response to the webinar. The webinar was organized by Dr. Richa Gaur and Mr. Sachin Jain, Faculty School of Commerce and Management, SBS University. The program was coordinated by Mr. Vishal Warikoo, Mr. Paras Joshi, Ms. Nisha Rawat (B. Com. (H) 4 Sem) and Ms. Maitree Rawat (B. Com. (H) 6 Sem). All the attendees will be given E-certificates.

TEACHER'S DAY

"It's the teacher who has power to enlighten one's life"
SBS university has organised Teacher's Day in 5th September. In the midst of University Vice Chancellor (officiating), Directors, Deans and other honorable dignitaries, the teaching community was felicitated for all their achievements in teaching profession and research areas. India has celebrated teacher's day on 5th september every year since 1962 on the birth anniversary of Dr. Sarvepalli Radhakrishnan, a philosopher and a teacher par excellence. On this day we gratefully remember the great educationist Dr. Sarvepalli Radhakrishnan. His dream was that "Teacher's should be the best minds in the country". Hence, Teacher's Day is Very important for all our people, as they act as foundation for creating responsible citizens. We can never thank our teachers enough for their efforts.

Teacher's day is celebrated to show our acknowledgment and recognition of the hard work put in by our teachers towards our development. The world Teacher's Day as adopted by UNESCO from the 1994 is celebrated on October 5 every year.



"It is the supreme art of the teacher to awaken joy in creative expression and knowledge". Albert Einstein

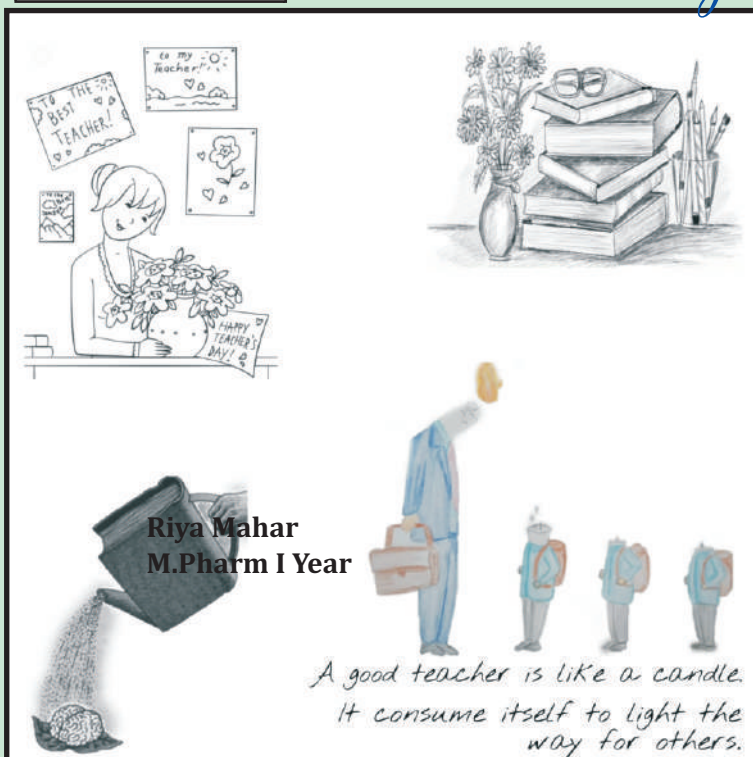


It's a well said fact that a healthy mind resides in a healthy body. Sports provides that necessary exercise to keep the blood flowing and the body healthy. It builds character and helps develop the human capital of a nation. A person learns how to handle adversity and yet succeed through perseverance. Sports teach an individual decision making and humility too. And if one just looks at the economic success of some of the most powerful and successful nations in the world, one can see that they have a strong sporting culture. One can see the very recent example of Mr. Neeraj Chopra who won gold for India and he did not only win the gold, even he won the hearts of people. Neeraj

Chopra and other athletes of India made India proud in international level. What has also been heartening to see recently is that top sports people are getting their dues in terms of what they earn and recognition they deserve. It's the only way to inspire youngsters to enter sports when they see their idols and heroes treated like heroes and not live as penniless paupers as many of our old sports people. It encourages more youngsters and kids try out sports and while not everyone is going to be a winner, but they will have winning habits which will help them succeed in different parts of life.

Caricature

Teacher's Day



We must not forget, we are the land of Arjuna, Acharya Dronacharya, Guru Gobind Singh and Shree Krishna. Weren't they exceptional sportsman? And didn't it help them? Yes, it did! We must not forget, we are the land of Arjuna, Acharya Dronacharya, Guru Gobind Singh and Shree Krishna. Weren't they exceptional sportsman? And didn't it help them? Yes, it did!

Himanshu Joshi,
M.Pharm 2nd sem

Publication

Banerjee S, De A. Pathophysiology and inhibition of cholesteryl ester transfer protein for prevention of cardiovascular diseases: An update. Drug Discovery Today . 2021 ; 26 (7) : 1759 - 1764 . <https://doi.org/10.1016/j.drudis.2021.03.016>

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